

## WOMEN'S SIZING

### BODY MEASUREMENTS IN INCHES

SIZE (IN)	XS	S	M	L	XL	XXL
A. ARM	29	30	31	32.5	33.5	34.5
B. CHEST	31-33	33-55	35-37	37-39.5	39.5-42.5	42.5-45.5
C. WAIST	24-26	26-28	28-30	30-33	33-37	37-41
D. HIPS	34-36	36-38	38-40	40-42.5	42.5-45.5	45.5-48.5
E. INSEAM	29.5	30	30.5	31.5	32.5	33.5

### BODY MEASUREMENTS IN CENTIMETERS

SIZE (CM)	XS	S	M	L	XL	XXL
A. ARM	74	76	78	82	85	88
B. CHEST	86	90	94	100	108	116
C. WAIST	68	72	76	82	90	98
D. HIPS	94	98	102	108	116	123
E. INSEAM	75	77	79	81	83	85

## MEN'S SIZING

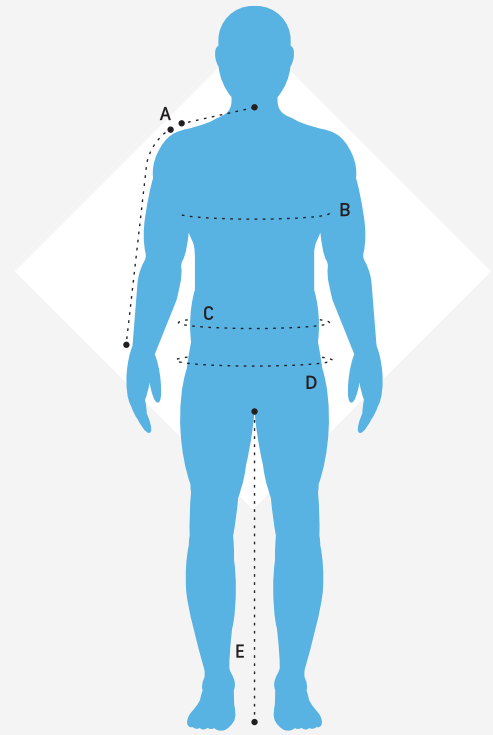
### BODY MEASUREMENTS IN INCHES

SIZE (IN)	S	M	L	XL	XXL	3XL
A. ARM	32-33	85	87	91	94	96-98
B. CHEST	36.5-39	39-41	41-43	43-46	46-50	50-54
C. WAIST	31-33	33-35	35-37	37-40	40-44	44-51
D. HIPS	37-38.5	38.5-40.5	40.5-42.5	42.5-45.5	45.5-49.5	49.5-52.5
E. INSEAM	31	32	32.5	33.5	34.5	35-36

### BODY MEASUREMENTS IN CENTIMETERS

SIZE (CM)	S	M	L	XL	XXL	3XL
A. ARM	82	85	87	91	94	96-98
B. CHEST	93-99	99-104	104-109	109-117	117-127	127-137
C. WAIST	79-84	84-89	89-94	94-102	102-112	112-129
D. HIPS	94-98	98-103	103-108	108-116	116-126	126-133
E. INSEAM	79	81	83	85	87	89

## HOW TO MEASURE



#### A. ARM

Measure straight from center back neck to shoulder point, and from shoulder point to wrist with the arm in a relaxed position.

#### B. CHEST

Measurement under the armpits, around the fullest part of the chest, keeping the tape parallel to the floor.

#### C. WAIST

Measure around where you normally wear your pants, keeping the tape taut but not so tight that it digs. If you prefer a more relaxed fit, put a finger between your body and the tape measure.

#### D. HIPS

Measure around the fullest part of your hips and seat, keeping the tape parallel to the floor.

#### E. INSEAM

In a standing position measure from your crotch to the floor (without shoes).

